

**RAJEEV GANDHI GOVT. POST GRADUATE COLLEGE,
AMBIKAPUR, SURGUJA (CG), INDIA**



**Learning Outcomes based Curriculum Framework
FOR
B.A.CBCS OLD COURSE
(PSYCHOLOGY)
SESSION 2023-2024**

B.A. PSYCHOLOGY(CBCS OLD COURSE)

COURSE CODE	COURSE TYPE	COURSE (PAPER/SUBJECTS)	CREDITS	CONTACT HOURS PER WEEK			EOSE DURATION (HRS.)	
				L	T	P	THY	P
FIRST SEMESTER								
UD18	CBCS	BASIC PSYCHOLOGICAL PROCESS	4	4	4	00	4	00
SECOND SEMESTER								
UD18	CBCS	PSYCHOPATHOLOGY	4	4	4	00	4	00
	CBCS	PRACTICUM	2	2	00	2	00	2
THIRD SEMESTER								
UD18	CBCS	SOCIAL PSYCHOLOGY	4	4	4	00	4	00
FOURTH SEMESTER								
UD18	CBCS	PSYCHOLOGICAL ASSESSMENT	4	4	4	00	4	00
	CBCS	PRACTICUM	2	2	00	2	00	2
FIFTH SEMESTER								
UD18	CBCS	PSYCHOLOGICAL STATISTICS	4	4	4	00	4	00
SIXTH SEMESTER								
UD18	CBCS	HUMAN DEVELOPMENT	4	4	4	00	4	00
	CBCS	PRACTICUM	2	2	00	2	00	2

B.A. PSYCHOLOGY		SEMESTER – 1 (2021-2022)	
COURSE TITLE: BASIC PSYCHOLOGICAL PROCESSES			
COURSE CODE: UD 18		PAPER CODE: PSY 101	
CREDIT:		HOURS:	
THEORY: 6	PRACTICAL: 0	THEORY: 90	PRACTICAL: 0
MARKS			
THEORY: 75 (50+25)		PRACTICAL:00	
<p>Note-1) OBJECTIVE TYPE QUESTIONS: Eight questions to be asked carrying one marks each. 8*1 =8</p> <p>2) VERY SHORT ANSWER TYPE QUESTIONS: Three questions to be asked carrying two marks each (word limit-70-100 words) 2*3=06</p> <p>3) SHORT ANSWER TYPE QUESTIONS: Three questions to be asked carrying four marks each (word limit-200-250 words) 4*3=12</p> <p>4) LONG ANSWER TYPE QUESTIONS : Three questions to be asked carrying eight marks each (word limit-500-600 words) 8*3=24</p>			
Unit 1 20 Hours	Introduction: Definition and Goals of psychology; Behaviouristic, Cognitive and Humanistic; Cross-cultural Perspective; Methods: Experimental, Observational, Interview, Questionnaire, and Case study.		
Unit 2 15 Hours	Biological bases of behaviour: Genes and Behaviour, The Nervous System: The Central Nervous System (C.N.S.), The Autonomic Nervous System (A.N.S.) and The Peripheral Nervous System (P.N.S.); Glands and Hormones; Emotions- Types and Bodily changes (internal and external).		
Unit 3: 20 Hours	Sensory Perceptual Processes: Nature and Types of Sensation, Perception and Attention: Process, Definition, Types and Determinants; Principles of Perceptual Organization; Illusion: Nature and Types.		
Unit 4 15 Hours	Learning and Memory: Classical and Operant Conditioning- Basic Processes; Verbal and Observational Learning; Memory: Sensory (S.M.), Short-term (S.T.M.) and Longterm (L.T.M.); Forgetting: Process and Theories.		
Unit 5 20 Hour	Cognitive and Non-cognitive processes: Intelligence: Nature and Types; Motivation: Biogenic and Sociogenic Motives; Thinking process: Nature and Types. Personality: Nature and Determinants; Approaches to study personality: Trait and Type approaches; Assessment of Personality.		

Reference:

- 1 fl ag] v:.k dqekjA lkekU; euk sfoKkuA cukjlhnkl izdk'kuA
- 2 oek Z] i zhfrA vk/k qfud lkekU; euk sfoKkuA
3. Baron, R.A. & Byrne, D.A. Understanding Behavior. Tokyo: Halt Sounders.
4. Zimbardo, P.G. Psychology. New York: Haper Collings College publishers.
5. Lefton, L. A. (1985). Psychology. Bosten-Allyn publishers.
6. Walsler, A.L. (1997).
7. SAMANY MANOVIGYAN KI RUPREKHA – DR. ARUN KUMAR SINGH

B.A. PSYCHOLOGY		SEMESTER – 2 (2021-2022)	
COURSE TITLE: PSYCHOPATHOLOGY			
COURSE CODE: UD 18		PAPER CODE: PSY 201	
CREDIT:		HOURS:	
THEORY: 6	PRACTICAL: 0	THEORY: 90	PRACTICAL: 0
MARKS			
THEORY: 75 (50+25)		PRACTICAL:00	
<p>Note-1) OBJECTIVE TYPE QUESTIONS: Eight questions to be asked carrying one marks each. $8*1=8$</p> <p>2) VERY SHORT ANSWER TYPE QUESTIONS: Three questions to be asked carrying two marks each (word limit-70-100 words) $2*3=06$</p> <p>3) SHORT ANSWER TYPE QUESTIONS: Three questions to be asked carrying four marks each (word limit-200-250 words) $4*3=12$</p> <p>4) LONG ANSWER TYPE QUESTIONS : Three questions to be asked carrying eight marks each (word limit-500-600 words) $8*3=24$</p>			
Unit 1 20 Hours	Introduction: The concept of Normality and Abnormality; Models of Psychopathology: Psychodynamic, Behavioral and Cognitive.		
Unit 2 15 Hours	Assessment of Psychopathology: Diagnostic Tests, Rating Scales, Clinical Interview, and Projective Tests.		
Unit 3: 15 Hours	Anxiety Disorders: Panic Disorder, Phobias, Obsessive Compulsive Disorder (OCD), and Generalized Anxiety Disorder (GAD).		
Unit 4 20 Hours	Mood Disorders: Manic-Depressive Episode and Dysthymia; Personality Disorders: Paranoid, Schizoid, and Dependent Personality Disorder, Dissociative disorder and Obesity.		
Unit 5 20 Hours	Management of Psychopathology: Stress Management; Medico and Psychosocial Therapy: Shock therapy, Psychoanalysis, Group therapy and Behavior therapy		

Reference: 1. Lamm, A. (1997). Introduction to psychopathology. NY: Sage.

2. Buss, A. H. (1999). Psychopathology. NY: John Wiley.

3. fl ag rFkk frokjhA vlkekU; euk sfoKkuA vxjxk: fouk sn iqLrd Hk.MkjA

4. dfiy] ,p- ds-A vlkekU; euksfoKkuA vxjxk: gjizlkn HkxZoA

B.A. SECOND SEMESTER

COURSE TITLE: PRACTICUM

COURSE OUTCOME

CO1- comprehensive understandings of psychological testing.

CO2- develop to us human behaviour.

CO3-it develop to understand to access the performance anxiety and depression. CO4- it will helpful in different psychological research.

PO CO MAPPING

	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO12
CO 1	✓											
CO 2			✓									
CO 3				✓								
CO 4						✓						
CO 5												
CO 6												
CO 7												
CO 8												

B.A. PSYCHOLOGY		SEMESTER – 1+2 (2021-2022)	
COURSE TITLE: PRACTICUM			
COURSE CODE: UD 18		PAPER CODE: PSY 111	
CREDIT: 3		HOURES:	
THEORY: 0	PRACTICAL: 50	THEORY: 00	PRACTICAL: 45
MARKS			
THEORY: 00		PRACTICAL: 50	
Note: This paper consists of two parts: Part-A (a) Comprises of laboratory experiments. (b) Comprises of psychological testing and understanding of self and others.			

Part A

(a) Experiments- (Any four of the following) :-

(i) Effect of Set on Perception

- (ii) Effect of Frustration on Performance.
- (iii) Division of Attention.
- (iv) Learning Curve/ Serial Position Curve.
- (v) Retroactive Inhibition.
- (vi) S.T.M.
- (vii) Concept Formation.
- (viii) Judgement of Emotions through facial expressions.
- (ix) Personality Test

b) Psychological Tests (Any four of the following)

- (i) Verbal/ Nonverbal Intelligence Test/ Performance Tests.
- (ii) E.P.I./ Personality
- (iii) Anxiety test. (iv) Depression Scale
- (v) Adjustment inventory.
- (vi) Achievement motivation.
- (vii) Stress tolerance test.

Part-B Anecdotal Record: Each student will be required to observe the behaviour of pupil in different setting and select an anecdote to understand, judge and narrate it as objectively as possible, so as to reveal his/her psychological insight existing in that anecdotal behavior. This record constitutes a part of psychological assessment of the students. Introduction to the measures of central tendency and graphical presentation of the ungrouped data. Distribution of Marks A. Conduction of psychological experiment and reporting - 15 Marks B. Administration of one psychological test and reporting - 15 Marks C. Evaluation of Practical notebook and Anecdotal record - 10 Marks D. Viva-voce - 10 Marks Note : No candidate will be allowed to appear in the practical examination unless his/her day-to-day practical work and the report are found satisfactory.

Reference: Choubey, A. (2015). Psycho-lab- Experiment and Test. Raipur: Vaibhav Praksha

B.A. PSYCHOLOGY		SEMESTER – 3	
COURSE TITLE: SOCIAL PSYCHOLOGY			
COURSE CODE: UD 18		PAPER CODE: PSY 301	
CREDIT:		HOURS:	
THEORY: 6	PRACTICAL: 0	THEORY: 90	PRACTICAL: 0
MARKS			
THEORY: 75 (50+25)		PRACTICAL:00	
<p>Note-1) OBJECTIVE TYPE QUESTIONS: Eight questions to be asked carrying one marks each. 8*1 =8</p> <p>2) VERY SHORT ANSWER TYPE QUESTIONS: Three questions to be asked carrying two marks each (word limit-70-100 words) 2*3=06</p> <p>3) SHORT ANSWER TYPE QUESTIONS: Three questions to be asked carrying four marks each (word limit-200-250 words) 4*3=12</p> <p>4) LONG ANSWER TYPE QUESTIONS : Three questions to be asked carrying eight marks each (word limit-500-600 words) 8*3=24</p>			
Unit 1 20 Hours	Nature, Goal and Scope of Social Psychology; Methods of social psychology: Experimental, Survey, Interview, Observational, and Sociometry; Approaches to the study of social behavior: Psychoanalytic, Cognitive, and Behavioral.		
Unit 2 20 Hours	Social Perception: Perception of Self and Others, Impression Formation and its Determinant, Prosocial Behavior: Co-operation and Helping- Personal, Situational and Socio-cultural Determinants.		
Unit 3: 15 Hours	Stereotypes: Nature and Determinants; Prejudice: Nature and Determinants; Attitudes: Nature and Measurement; Interpersonal Attraction and Determinants.		
Unit 4 15 Hours	Group Structure and Function: Social Facilitation, Conformity, Cohesiveness; Group Norms; Leadership: Nature, Types, Characteristics and Functions.		
Unit 5 20 Hours	Social Issues: Aggression- Determinants, Prevention and Control; Population Explosion- Nature and Consequences (Socio-cultural); Pollution; Corruption; Mob Behavior; Gender Discrimination and Child Labour.		

Reference:

- 1- [flag] v:.k dqekjA lekt euksfoKku dh :ijs[kkA eksrhyky cukjlhnlk izdk'kuA
- 2- feJk ,o tSuA leku euksfoKku ds ewy vk/kkjA e-iz- fgUnh xaFk vdknehA
- 3- f=ikBh] ykycpuA lekt euksfoKku dh :ijs[kkA gjizlkn HkkxZo izdk'kuA
- 4- Baron, R.A. & Byrne, D. Social Psychology. New Delhi: Prentice Hall Pub.
- 5- Secord, P.F. & Backman, C.W. (1994). Social psychology. Magraw-Hill.
- 6- Samaj manovigyan- Arun Kumar Singh

B.A. FOURTH SEMESTER

COURSE TITLE: Psychological assessment

COURSE CODE: UD 18

PAPER CODE: PSY 401

COURSE OUTCOME

After completing the course the students will able to demonstrate

CO1-a comprehensive knowledge of understanding basic principles of psychological assessment and it's various dimensions.

CO2-Develop knowledge about the steps in test construction and test standardization.

CO3-Developing knowledge of ethical and legal issues involo in test construction related to realibility and validity of test.

CO4-Ability to develop.cognitive and non cognitive tests Acquiring knowledge to effectively evaluate the appropriate and quality of Psychological test and their Psychometric strength and weakness

CO5-Developing knowledge about the application of tests invarious applied aspects of life like education, occupation, organization social and healthH

PO CO MAPPING

	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO12
CO 1	✓											
CO 2										✓		
CO 3			✓									
CO 4				✓								
CO 5												
CO 6				✓								
CO 7												
CO 8												

B.A. PSYCHOLOGY

SEMESTER – 4 (2021-2022)

COURSE TITLE: PSYCHOLOGICAL ASSESSMENT

COURSE CODE: UD 18

PAPER CODE: PSY 401

CREDIT:

THEORY: 6

PRACTICAL: 0

HOURES:

THEORY: 90

PRACTICAL: 0

MARKS	
THEORY: 75 (50+25)	PRACTICAL:00
<p>Note-1) OBJECTIVE TYPE QUESTIONS: Eight questions to be asked carrying one marks each. $8*1=8$</p> <p>2) VERY SHORT ANSWER TYPE QUESTIONS: Three questions to be asked carrying two marks each (word limit-70-100 words) $2*3=06$</p> <p>3) SHORT ANSWER TYPE QUESTIONS: Three questions to be asked carrying four marks each (word limit-200-250 words) $4*3=12$</p> <p>4) LONG ANSWER TYPE QUESTIONS : Three questions to be asked carrying eight marks each (word limit-500-600 words) $8*3=24$</p>	
Unit 1 20 Hours	Psychological Assessment: Concept, Difference between Physical and Psychological assessment, Levels of assessment, Barriers in psychological assessment, Unidimensional and Multidimensional assessment.
Unit 2 15 Hours	Psychological Tests: Concept, Characteristics, and Types- Standardized and Nonstandardised, Group, Performance and Verbal; Uses of psychological tests.
Unit 3: 20 Hours	UNIT-3 Test Construction: Steps in test construction, Reliability- Test-retest, Split-half; Factors affecting reliability; Validity: Content and Predictive; Factors affecting validity; Norms- Age and Grade.
Unit 4 20 Hours	4 Cognitive and Non-cognitive Tests: Cognitive- Introduction to Intelligence, Aptitude, and Achievement testing; Non-cognitive: Introduction to Personality, Interest, and Value testing.
Unit 5 15 Hours	Psychological Testing in applied aspects of life: Education, Occupation, Social, Health and Organization; Socio-cultural factors in psychological assessment.

Reference:

- 1- Anastasi (1997) Psychological testing, New York : MacGraw-Hill.
- 2- Ciminero, A.R. (1986) Handbook of Behavioral assessment, New York: John Wiley.
- 3- Gupta, S.P. (2001). Manovaigyanik Mapan evam Moolyankan. Agra: Sharda Prakashan.

B.A. PSYCHOLOGY - SEMESTER – 4

COURSE TITLE: PRACTICUM

CO1- comprehensive understandings of psychological testing and group testing.

CO2-it will understand group decision making social setting, leadership ,attitudes.

CO3- fieldwork will helpful in research to know social behaviour .

PO CO MAPPING

	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO12
CO 1	✓											
CO 2							✓					
CO 3			✓									
CO 4												
CO 5												
CO 6												
CO 7												
CO 8												

B.A. PSYCHOLOGY		SEMESTER – 3+4	
COURSE TITLE: PRACTICUM			
COURSE CODE: UD 18		PAPER CODE: PSY 211	
CREDIT: 3		HOURS:	
THEORY: 0	PRACTICAL: 50	THEORY: 00	PRACTICAL: 45
MARKS			
THEORY: 00		PRACTICAL: 50	
<p>Note: This paper consists of two parts: Part-A (a) Comprises of laboratory experiments. (b) Comprises of psychological testing and understanding of self and others.</p>			

- (a) **Experiments** (Any five of the following):-
1. Effect of Group on Decision Making.
 2. Social Facilitation.
 3. Effect of Social setting on Sociometry.
 4. Stereotypes.
 5. Effect of Order of Information on Person-perception.

6. Effect of Leadership on Performance.
7. Effect of Cognitive dissonance on Attitude change.
8. Effect of Communicator's Credibility on Suggestibility.

(b) **Psychological Tests** (Any four of the following):-

1. Aggression.
2. Deprivation.
3. Self-concept.
4. Dependence proneness scale.
5. Value.
6. Vocational Interest.
7. Attitude Scale.
8. Creativity.
9. Personality Test.

Part-B

Field Work

Each student will be required to visit a hospital/ industrial organisation/ educational institution etc. under departmental supervision and shall be preparing his/her observation report, revealing his/her psychological insight about group dynamics that is operational in the unit. This record constitutes a part of assessment of field visit.

Measures of central tendency in group data and correlation- Rank order.

Distribution of Marks

- A. Conduction of psychological experiment and reporting 15 marks.
- B. Administration of one psychological test and reporting 15 marks.
- C. Evaluation of Practical note book of the field work 10 marks.
- D. Viva-Voce 10 marks.

Reference: Sharma, R. (2018)- Psycho-laboratory- Experiment and Test. Raipur: Vaibhav Prakshan.

B.A. PSYCHOLOGY		SEMESTER – 5	
COURSE TITLE: Psychological statistics			
COURSE CODE: UD 18		PAPER CODE: PSY 501	
CREDIT:		HOURS:	
THEORY: 6	PRACTICAL: 0	THEORY: 90	PRACTICAL: 0
MARKS			
THEORY: 75 (50+25)		PRACTICAL:00	
<p>Note-1) OBJECTIVE TYPE QUESTIONS: Eight questions to be asked carrying one marks each. 8*1 =8</p> <p>2) VERY SHORT ANSWER TYPE QUESTIONS: Three questions to be asked carrying two marks each (word limit-70-100 words) 2*3=06</p> <p>3) SHORT ANSWER TYPE QUESTIONS: Three questions to be asked carrying four marks each (word limit-200-250 words) 4*3=12</p> <p>4) LONG ANSWER TYPE QUESTIONS : Three questions to be asked carrying eight marks each (word limit-500-600 words) 8*3=24</p>			
Unit 1	20	Hours	Statistics: Meaning and Application in psychology; Nature of Score, Categorical and Continuous variables; Frequency Distribution; Graphic representation of data.
Unit 2	20	Hours	Measures of Central Tendency: Mean, Median and Mode of grouped and ungrouped data, Measures of Variability: Range, Standard Deviation (S.D.), Quartile Deviation (Q.D.), Average Deviation (A.D.), Applications of the measures of central tendency and variability.
Unit 3:	20	Hours	Nature and Characteristics of Normal Probability Curve (NPC): The concept of Skewness and Kurtosis; Correlation: Concept, Types and Methods- Rank Difference and Product Moment (in ungrouped data).
Unit 4	20	Hours	Inferential statistics: Concept of Null Hypothesis; Level of Significance; Type-I Error & Type-II Error, t-test (for uncorrelated data).
Unit 5	20	Hours	Distribution-free statistics: Chi-square test, Median and Sign test, Applications of Computer in psychological statistics.

Reference:

1. Siegel, S. (1994). Non parametric statistics. New York: Mcgraw Hill.
2. Garret. Statistics in Psychology and Education. Times of India Publisher.
3. dfiy, ,p- d-s A lkfa [;dh ds eyw rRoA
4. xSjsVA euksfoKku ,oa f'k{kk esa lkaf[;dh

B.A. PSYCHOLOGY		SEMESTER – 6	
COURSE TITLE:			
COURSE CODE: UD 18		PAPER CODE: PSY 601	
CREDIT:		HOURS:	
THEORY: 6	PRACTICAL: 0	THEORY: 90	PRACTICAL: 0
MARKS			
THEORY: 75 (50+25)		PRACTICAL:00	
<p>Note-1) OBJECTIVE TYPE QUESTIONS: Eight questions to be asked carrying one marks each. 8*1 =8</p> <p>2) VERY SHORT ANSWER TYPE QUESTIONS: Three questions to be asked carrying two marks each (word limit-70-100 words) 2*3=06</p> <p>3) SHORT ANSWER TYPE QUESTIONS: Three questions to be asked carrying four marks each (word limit-200-250 words) 4*3=12</p> <p>4) LONG ANSWER TYPE QUESTIONS : Three questions to be asked carrying eight marks each (word limit-500-600 words) 8*3=24</p>			
Unit 1 20 Hours	The Concept of Human Development; Theories of Human Development: Psychoanalytical and Maslow's (Humanistic); Determinants of Human Development: Biological, Social, and Cultural; Approaches to study human development: Longitudinal and Cross-sectional.		
Unit 2 15 Hours	Socialization: Role of Family, Peers and School; Media and Socialization; Cognitive Development: Theoretical Perspectives- Piaget's, Information Processing, Vygotsky's		
Unit 3: 20 Hours	Self and Identity: Emergence of Self; Development of Personal Identity; Identity Crises; Physical and Sexual Development; Sequential Development of Emotions.		
Unit 4 20 Hours	Development of Morality and Self-control; Development of Gender Differences and Gender Roles; Role of Marriage, Family and Occupation in Human Development.		
Unit5 15 Hours	Problems of Aging: Cognitive, Conative, and Affective; Developmental Disabilities		

Reference:

1. Berk L.E. (1989) Child Development. Boston: Allyn and Bacon.
2. Santrock, J.W. (1999). Lifespan Development. New York: McGraw-Hill.
3. Hurlock, E.B. (1997). Developmental Psychology: A Life-span Approach.

B.A. PSYCHOLOGY		SEMESTER – 5+6	
COURSE TITLE: PRACTICUM			
COURSE CODE: UD 18		PAPER CODE: PSY 311	
CREDIT: 3	HOURS:		
THEORY: 0	PRACTICAL: 50	THEORY: 00	PRACTICAL: 45
MARKS			
THEORY: 00		PRACTICAL: 50	
Note: This paper consists of two parts: Part-A (a) Comprises of laboratory experiments. (b) Comprises of psychological testing and understanding of self and others.			

Part-A

(a) Comprises of laboratory **experiments**.

(b) Comprises of psychological **testing** and understanding of self and others.

(a) **Experiments** (Any four of the following):-

1. Bilateral Transfer of Training.
2. Measurement of Illusion.
3. Habit Interference.
4. Effect of Need priority on Selection of advertising material.
5. Effect of Mental fatigue on Performance.
6. Reaction Time.
7. Effect of Frustration on Learning.
8. Depth perception.

(b) **Psychological Tests** (Any four of the following):-

1. Level of Aspiration.
2. Need for Guidance.
3. Maturity Scale.
4. Attitude Scale.
5. Classroom Environment Scale.
6. Mental Health.
7. Family Environment Test
8. Test of Moral Values.

Part- B

The candidate will be allotted a topic of the project by the departmental committee.

He/she is required to carry out a small scale project based on a small sample. He/she is required to complete the project and submit its report in 15-20 pages, covering all the major steps of scientific enquiry under the supervision of a departmental teacher. This will be the part of practical work. The suggested areas for the project work are as under Mental Health, Sibling Rivalry, Deprivation, Identity Crises, Drug Abuse, Aging, Media effect, Woman employment, Job satisfaction, Stress, Stress Management, and Problems of Adolescents etc.

Distribution of Marks

Conduction of Experiment - 10 marks

Administration of test - 10 marks Evaluation of Project Report and Practical record - 10 marks

Viva - Voce - 10 marks